

1

My Support

Support is available for you whilst attending University. It includes financial, mental, physical and emotional support both on campus and online.

2

The screenshot shows the 'My Support' section of the MyHud portal. It features a grid of service tiles with callout boxes:

- School contacts:** Your personal tutors.
- iPoint:** Book an appointment with a wellbeing advisor, tap into online support or in person at Student Central.
- Wellbeing support:** Support for your wellbeing and mental health, 24/7 online support with the Big White Wall.
- Disability support:** The disability team offer confidential support, access to software and technology to support your studies.
- IT help:** Log in and find answers to your IT, Library and iPoint questions.
- My Health:** [My Health](#) – Click here for more information.
- Student safety:** Ask for help to stay safe. Report your safety concerns or speak with an advisor.
- Student finance:** Manage your money and explore funding opportunities.

At the bottom of the page, there is a 'News and events' section and social media icons for Twitter, Facebook, YouTube, Instagram, Snapchat, and LinkedIn. Footer text includes 'Accessibility Statement | Data Protection | Cookie Policy'.

My Health

3

These are some of the things to help to keep you healthy and able to cope with the pressures of University life.

4

The screenshot shows the 'My Health' section of the MyHud interface. It features a navigation bar with 'Home', 'My Studies', 'My Details', 'My Subject', and 'My Support'. Below the navigation bar, there are several tiles representing different health services:

- University health centre:** Register at the University health centre.
- Local NHS doctor:** Search for local NHS Doctors.
- Big White Wall:** Professional support to manage your mental health and wellbeing.
- Mental health and wellbeing:** A range of help and support available.
- Students' Union advice centre:** Free independent confidential support.
- Sports, fitness and clubs:** Click here for information on Sports and fitness programmes available on campus.

Sports fitness and clubs

5

The screenshot shows the 'Sports, fitness and clubs' section of the MyHud interface. It features a navigation bar with 'Home', 'My Studies', 'My Details', 'My Subject', 'My Support', 'My Uni Life', and 'Graduation and beyond'. Below the navigation bar, there are several tiles representing different sports and fitness options:

- Team Hud:** Stay active with fitness classes, court hire and personal programmes.
- Students' Union sports clubs:** Join a team and compete against other Universities.
- Students' Union societies:** Join the Students' Union societies.
- International societies:** Discover different cultures on and off campus, from all over the world.

Student Finance

6

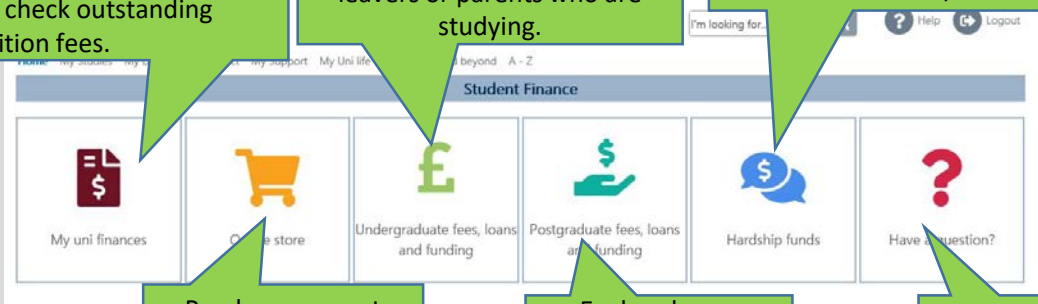
Manage your money and fees. Explore funding options for further study.

7

Log in to your student finance account. Access invoices, make a payment or check outstanding tuition fees.

Funding opportunities for students with disabilities, care leavers or parents who are studying.

Struggling with your finances, find out more about the hardship fund.



Purchase concert tickets or conference tickets here.

Explore loans, scholarships and funding for future study.

Need specific finance help.

V2