My Support

Support is available for you whilst attending University. It includes financial, mental, physical and emotional support both on campus and online.

1. Your personal tutors.
   - Book an appointment with a wellbeing advisor, tap into online support or in person at Student Central.
   - Support for your wellbeing and mental health, 24/7 online support with the Big White Wall.
   - The disability team offer confidential support, access to software and technology to support your studies.

2. Log in and find answers to your IT, Library and iPoint questions.
   - My Health – Click here for more information.
   - Ask for help to stay safe. Report your safety concerns or speak with an advisor.
   - Manage your money and explore funding opportunities.

my.hud.ac.uk

University of HUDDERSFIELD
Inspiring global professionals
My Health

These are some of the things to help to keep you healthy and able to cope with the pressures of University life.

Register at the University health centre.

Search for local NHS Doctors.

Professional support to manage your mental health and wellbeing.

Free independent confidential support.

A range of help and support available.

Click here for information on Sports and fitness programmes available on campus.

Sports fitness and clubs

Stay active with fitness classes, court hire and personal programmes.

Join a team and compete against other Universities.

Join the Students’ Union societies.

Discover different cultures on and off campus, from all over the world.

my.hud.ac.uk
Manage your money and fees. Explore funding options for further study.

Log in to your student finance account. Access invoices, make a payment or check outstanding tuition fees.

Funding opportunities for students with disabilities, care leavers or parents who are studying.

Struggling with your finances, find out more about the hardship fund.

Purchase concert tickets or conference tickets here.

Explore loans, scholarships and funding for future study.

Need specific finance help.